



# Family Newsletter

March 15, 2021



## We have supports

East has programs and partners here to help in and outside of the classroom. The health center, food pantry, tutoring, and college prep are still available. For more information, visit: <https://sites.google.com/rcsdk12.org/partners/home>

## Has your contact information changed?

It's more important than ever for us to have your correct phone number and address. If anything's changed, please email:

[eastlowerinfo@rcsdk12.org](mailto:eastlowerinfo@rcsdk12.org)  
[eastupperinfo@rcsdk12.org](mailto:eastupperinfo@rcsdk12.org)

## Problems with MiFis or Chromebooks?

Chromebooks—email: [Andrea.Zurlo@rcsdk12.org](mailto:Andrea.Zurlo@rcsdk12.org).  
MiFis—contact the number on your MiFi box.

## Parent-Teacher Conference Feedback

Thank you to all who attended last Wednesday's Parent-Teacher Conferences. Whether you attended or not, we need your help figuring out how to make Parent-Teacher Conferences work for everyone. Please take five minutes and share with us your feedback here: <https://forms.gle/LcmHh7eFaVD3oBP48>. We really appreciate it.

## 2021 National FACE Conference

The 2021 National Family and Community Engagement Conference will be held virtually June 1st — 4th. If you're interested in attending with other East parents/guardians and staff members, please email [Angel.Alicea1@rcsdk12.org](mailto:Angel.Alicea1@rcsdk12.org) or call (585) 288-3130 ext. 1001. There is no cost for you to attend. Learn more about the conference here: <https://web.cvent.com/event/c69c15a5-5295-486d-8d50-08f782c44e4e/summary>.

## Thursday FACE and Family Learning Activity

Join us for FACE this Thursday from 5:30—6:30 p.m. The agenda and Zoom join instructions will be posted here soon: <https://www.rcsdk12.org/Page/49329>. The Family Learning Activity will be right after FACE and will be about East athletic opportunities and college athletic readiness. See past family learning activities here: <https://www.rcsdk12.org/Page/55883>.

## Stay in Touch:



(585) 288-3130



1801 E. Main Street  
8:00—3:00



[www.rcsdk12.org/east](http://www.rcsdk12.org/east)



East High School



@EastEPO

### **Don't forget Family Group!**

Please remind your scholars to attend family group on Wednesdays, from 1:00—1:40 p.m. Scholars are expected to attend as they would for any other class.

### **Home-School Assistant**

East's Home-School Assistant is always available to answer questions and help you access school resources. Email: [Angel.Alicea1@rcsdk12.org](mailto:Angel.Alicea1@rcsdk12.org)

### **Checking grades and attendance?**

Please reach out to us if you have questions about checking your scholar's information through the PowerSchool Parent Portal or Google Classroom. We can help.

## **On-site Health Center Enrollment**

East has a comprehensive on-site health center staffed and run by UR Medicine. Your scholar can be seen for health and medical needs on-site at East. They will work with your scholar's pediatrician and charge *no* co-pay. To enroll, contact [Kim\\_Urbach@URMC.Rochester.edu](mailto:Kim_Urbach@URMC.Rochester.edu) or call (585) 435-2332. See the enclosed flier for more information.

## **Upward Bound and Talent Search Enrollment**

East's College Prep Center is recruiting scholars for the Upward Bound and Talent Search Programs. The programs provide a combination of college exposure, guidance, and assistance; STEM extracurriculars; tutoring; mentoring; and summer learning. To enroll, contact [Gina\\_Ignatii@Rochester.edu](mailto:Gina_Ignatii@Rochester.edu) or call (585) 451-4255. See the enclosed flier for more information.

## **Hillside Work-Scholarship Cnctn. Enrollment**

Hillside's Work-Scholarship Connection is currently recruiting **9th grade** scholars at East. Through the program scholars will participate in mentoring, tutoring, extracurricular programming, and be guided towards their goals of entering higher education or the workforce. To enroll, contact [AGross@Hillside.com](mailto:AGross@Hillside.com) or call (585) 313-8340.

## **Future Ready Youth Workforce Series**

East is hosting daily virtual youth workforce readiness sessions over Spring break (March 29—April 2). All are welcome to attend, including parent/family members. To see and register for the workshop, internship, skilled training, and employment opportunities, visit <https://sites.google.com/rcsd121.org/future-ready/march-sessions>.

## **Upcoming Dates:**

### **March**

- 5 — Half day for all scholars
- 10 — Parent-Teacher Conferences
- 18 — FACE Meeting (5:30—6:30)
- 18 — Family Learning Activity (6:30—7:30)
- 29-2 — April Break (schools closed)
- 29-2 — Future Ready: Youth Work Series

### **April**

- 29-2 — Spring Break (schools closed)
- 29-2 — Future Ready: Youth Work Series
- 16 — End of Marking Period III
- 22 — FACE Meeting (5:30—6:30)
- 22 — Family Learning Activity (6:30—7:30)

# Still considering joining the Health Center?

## Did you know we?

- work directly with your child's pediatrician
- have **NO CO-PAY!**
- typically offer same-day appointments
- provide consistent care through graduation
- can give over-the-counter meds (Tylenol, Sudafed, ibuprofen)
- can do rapid strep-tests
- give vaccines
- do physicals for sports and work
- write prescriptions and can even fill some in-house
- have Wednesday appointments with transportation



# ¿Sigues considerando unirte al Centro de Salud?

## ¿Sabías que nosotros?

- trabajar directamente con el pediatra de su hijo tengo
- **¡NO HAY COPAGO!**
- normalmente ofrecen citas el mismo día
- brindar atención constante hasta la graduación
- medicamentos de venta libre (Tylenol, Sudafed, ibuprofeno)
- puede hacer pruebas rápidas de estreptococos
- dar vacunas
- hacer exámenes físicos para el deporte y el trabajo
- escribir recetas e incluso puede surtir algunas en nuestro lugar
- tener citas los miércoles con  
tación disponible





## East High - College Prep Center

Learn about the programs that we offer!

### Upward Bound



Looking for a program that will closely work with your Scholar to guide them through the college preparation and application Process? Upward Bound has got you covered!

**WHO:** We are looking for **current 8-11th graders at East** who are academically motivated and demonstrate an interest in college.

**WHAT:** Upward Bound - provides college and career guidance/exposure, tutoring, STEM activities, extracurriculars, trips (when able), a summer program, and mentoring. Once enrolled, students stay in the program through graduation.

**WHEN:** Applications are due March 26<sup>th</sup>.

**WHERE:** Link to Application: <https://linktr.ee/URCollegeBound> Or Scan QR Code

**WHY:** Programs like Upward Bound make academic success and college a possibility for many first-generation, low-income students. We are eager to continue providing this support to East students, as we have for many years.



### Educational Talent Search

This program is available to all Scholars at East in grades 6-12 that are in search of additional academic, career or college advisement. Scholars in Educational Talent Search are provided with the following services:

- Tutoring
- College Visits
- Access to career, college workshops & STEM workshops
- College Prep Center Club (grades 7-10)
- Assistance with college applications and financial aid
- SAT registration and preparation

Enroll by completing the form provided here:

(Click) <https://linktr.ee/UREducationalTalentSearch> or (Scan)



If you have questions regarding either of these programs, contact Gina Ignatti at 585-451-4255 (Call or Text) or email [gina.ignatti@rochester.edu](mailto:gina.ignatti@rochester.edu)